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The sensitivity of algae to the exposure of telmisartan

Nowadays, everyday people apply various pharmaceuticals. However, after their consumption drugs excrete to wastewater treatment plant, where they cannot be eliminated totally. As the result they released to surface waters. Many scientists concerned about the effect of medical substances on aquatic biota. The issue of pharmaceutical contamination is not well studied in Kazakhstan in comparison with EU countries. Therefore, it is significant to do ecotoxicological research on pharmaceutical ingredients. The aim of our study was to assess the effect of telmisartan on the growth of *Chlorella species*. Telmisartan was selected as currently it is one of the priority pharmaceuticals based on risks to aquatic biota in Kazakhstan. We estimated exposure of substance in 5–15 mg/L concentrations. According to the results, high concentration of our medical substance had significant impact to the growth algae, it led to 83.93±0.13 % of growth inhibition. The half maximal inhibitory concentration of telmisartan on algae was 6.16 mg/L. Furthermore, we calculated the growth rate of *Chlorella species*. We found that growth rate decreased in six times on algae in concentration 15 mg/L in comparison with controls. The following results showed that *Chlorella species* are vulnerable to the exposure of pharmaceuticals.

Keywords: pharmaceutical contamination, algae, Chlorella species, telmisartan, ecotoxicological study, growth inhibition.

Introduction

Currently, one of the main environmental issue is pharmaceutical pollution of the biota, as their various concentrations were detected across the world. There was International Conference on Chemicals Management in 2015, where pharmaceutical industries and non-governmental agencies admitted that now it is important to focus on protection our environment from «pharmaceutical pollution» [1, 2]. Pharmaceutical ingredients are ubiquitous. There are about 2300 human drugs were determined as potentially relevant for the biota in Germany, because they have ability for bioaccumulation, can be toxic and persistent in the environment [3].

In the last few decades, there has been recorded the occurrence on aquatic environment of more than 100 various pharmaceutical ingredients with concentration from ng/L to μ g/L. The detected levels are low, but drugs still can have adverse effect, as they are designed to have specific biological effect in low concentration. In addition, the entrance of medicines to the biota is continuous. As a result, living organisms on the environment have exposure from drugs during the life [4].

Every year people use tons of medicines and after consumption of drugs, they may release to the environment in various ways. Every pharmaceutical has their own features, as a result not all of them degradable in wastewater treatment plants (WWTPs). Therefore, WWTP is considered one of the main sources of drugs release to the environment. Residues of pharmaceuticals from WWTPs enter to the surface waters and effect aquatic organisms. Another source of medical substances in the environment is when pharmaceutical industries, hospitals and people directly dispose them to the aquatic biota. Due to all these sources, there are significant concentration of drugs can be met in many water bodies [5, 6].

Although the ecotoxicological effect of pharmaceutical ingredients on aquatic biota is well studied in European countries and US, there is still a gap of knowledge on its risk in Kazakhstan, just few studies have been published, being mainly focused on antibiotics. For instance, recently there has been conducted the study of priority antibiotics effect on *Lemna minor*. According to the results sulfamethoxazole demonstrated a high toxicity on macrophyte with half maximal effect concentration (EC₅₀) value of 3.67 mg/L. Furthermore, the mixture of five antibiotics as amoxicillin, clarithromycin, azithromycin, sulfamethoxazole and oxytetracycline showed a significant exposure on the growth of *Lemna minor* with EC₅₀ 0.13 mg/L [7, 8]. According to Boxall et al. research pharmaceuticals have toxic effect to earthworms. Acetaminophen led to the mortality of *Eisenia fetida* earthworms in concentration 100 mg/kg [9].

Currently, our country has limited studies on pharmaceutical ingredients as pollutants. Therefore, the aim of the following paper was to assess the exposure of one of the priority pharmaceuticals in Kazakhstan, which is telmisartan on aquatic organism. As representative of aquatic biota, we selected algae *Chlorella species*.

Materials and method

The study was conducted based on the OECD 201: Freshwater Alga and Cyanobacteria Inhibition Test method [10]. The experiment was accomplished in «Applied Ecology» Laboratory of L.N. Gumilyov Eurasian National University. The test lasted 72 hours. The subject of the research was *Chlorella species*, which was supplied from «Applied Ecology» Laboratory of L.N. Gumilyov Eurasian National University. As the object of the study we used telmisartan. The present substance was supplied from Boehringer Ingelheim, Germany. Telmisartan was selected as currently it is one of the priority pharmaceuticals based on risks to aquatic biota in Kazakhstan, which means it can have adverse effect to the growth of algae in our country [11]. As telmisartan is practically insoluble in water, we used chloroform as a solvent [12]. The stock solution was prepared in concentration 1000 mg/L. In order to assess the effect of telmisartan on algae, we used three concentrations: 5 mg/L, 10 mg/L and 15 mg/L. Each concentration including controls had two replicates. The *Chlorella species* was cultivated in 50 mL of Tamiya growth medium in 100 mL of Erlenmeyer flasks. Tamiya growth medium was used as favorable environment for *Chlorella species*. Tested samples were put in culture chamber in random order. Table 1 provides information about concentrations of solution in order to prepare 1 L of Tamiya medium [13].

Table 1
The outline of concentrations in Tamiya growth medium [13]

Reagent	Weight, g/L	
KNO ₃	5.0	
MgSO ₄ ×7H ₂ O	2.5	
KH ₂ PO ₄	1.25	
EDTA	0.037	
FeSO ₄ ×7H ₂ O	0.009	
Trace element solution	1 mL	

During the experiment the samples were kept in culture chamber under constant shaking (100 cycles/min) and illuminated light. The cell numbers and biomass of algae was estimated at the beginning and end of the test. Algae cells were recorded in Goryaev chamber under microscope and biomass on photometer.

The response variables on toxicity of Telmisartan to *Chlorella species* were growth inhibition of algae cells and growth rate of biomass. The growth rate of algae biomass was estimated by the following equation (1) [10]:

$$\mu_{i-j} = \frac{\ln(N_j) - \ln(N_i)}{t}, \qquad (1)$$

where μ_{i-j} — mean growth rate from time i to j; N_i — algae biomass in the test or control vessel at time i; N_j — algae biomass in the test or control vessel at time j; t — time period from i to j.

In order to calculate the growth rate of algae of biomass, we used the equation below (2) [10]:

$$\%I_r = \frac{(\mu c - \mu t)}{\mu c} \times 100, \tag{2}$$

where I_r — the percentage of inhibition in average specific growth of *Chlorella sp.*; μc — mean value of algae cells for μ in the control; μt — mean value of algae cells for μ in the treatment group.

The pH of samples was recorded at the beginning and end of the test [10].

Results and discussions

Algae has a significant role in biota, because they are primary production for many marine species. Therefore, any effect of pharmaceuticals to algae will be reflected on higher trophic levels. As algae are vulnerable to any changes, they are good indicators of adverse effect from chemicals [14].

Table 2

Initially the pH value varied from 3.38 to 3.88 and at the end of the study its value ranged from 3.07 to 3.37 (Table 2). Therefore, it can be concluded that pH value varied according to the OECD 201 [10].

pH values of samples in various concentration during the experiment

Concentration of telmisartan	Day 0	Day 7
0 mg/L (control)	3.88	3.35
5 mg/L	3.57	3.37
10 mg/L	3.66	3.51
15 mg/L	3.38	3.07

Figure 1 shows the growth inhibition and growth rate of algae to telmisartan in concentrations 5–15 mg/L. Initially, in controls the growth rate was $0.3\pm0.05~d^{-1}$. High concentration of drug (15 mg/L) led to the decline of the growth of algae in six time to $0.05\pm0.02~d^{-1}$.

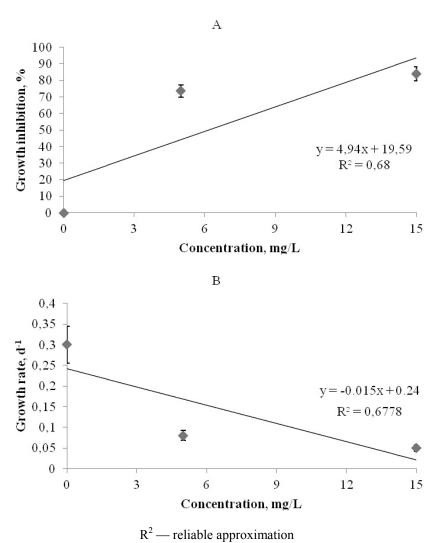


Figure 1. The growth inhibition (A) and growth rate (B) of telmisartan to Chlorellas sp. (p < 0.05)

Furthermore, it can be noted that high concentration of telmisartan led to the significant growth inhibition. The growth inhibition was 73.68 ± 0.08 % and 83.93 ± 0.13 % on concentration values 5 mg/L and 15 mg/L respectively. The half maximal inhibitory concentration (EC₅₀) was 6.16 mg/L.

Figure 2 illustrates the multiplicity growth of *Chlorella sp.* cells during the experiment. The cell number in control samples increased to 1.3 times in 7 days, while the high concentration of telmisartan increased al-

gae number only in 0.8 times. In comparison with 15 mg/L concentration of samples the growth of controls was in 1.6 times higher.

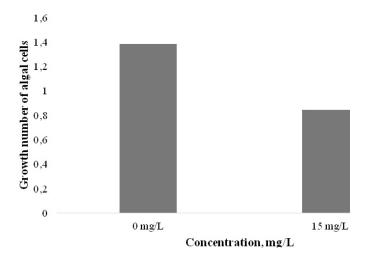


Figure 2. The growth number of algae cells during the test

In recent study of Dimzon et al. (2018), telmisartan was detected in Sampaloc lake in Philippines. It was found it populated residential areas in concentration 76 ng/L [15]. Furthermore, there were analysis on pharmaceuticals occurrence on 90 European WWTPs. Telmisartan was identified with frequency 63 % in concentration 368 ng/L [16].

Previous study on effect of antibiotics to *Chlorella vulgaris* showed a valuable impact on population density of species. The EC_{50} value was <100 mg/L. In this study, the most toxic substances were concluded 2,4-dichlorophenol and ciprofloxacin (10.75 and 29.09 mg/L respectively) [17]. Furthermore, there was conducted study on toxicity of antibiotics to *Chlorella species*. According to the results, *Chlorella species* are sensitive to the exposure of macrolides as azithromycin and clarithromycin. The EC_{50} values of azithromycin and clarithromycin were 0.33 and 0.59 mg/L respectively [18].

Nowadays, scientists do not pay attention pharmaceuticals pollution of aquatic biota in Kazakhstan, as there is deficit data on ecotoxicology of drugs. Therefore, we believe it is important to conduct studies on effect of pharmaceutical substances to living species, as this is a big threat to the disappearance of living organisms on the environment.

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Балдырлардың телмисартанның әсеріне сезімталдығы

Бүгінде адамдар түрлі фармацевтикалық өнімдерді күн сайын пайдаланады. Дегенмен, оларды қолданғаннан кейін бұл препараттар тазалау қондырғысына түседі, онда олар толықтай тазартылмайды. Нәтижесінде олар жер беті суларына түседі. Көптеген ғалымдар медициналық препараттардың су биотасына әсерін зерттеуде. Қазақстанда фармацевтикалық ластану мәселесі ЕО елдерімен салыстырғанда толық зерттеумеген. Сондықтан фармацевтикалық ингредиенттердің экотоксикологиялық зерттеулерін жүргізу маңызды. Берілген зерттеудің мақсаты — телмисартанның балдырлар, оның ішінде *Chlorella species* өсуіне әсерін бағалау. Зерттеу үшін телмисартан препараты таңдалды, себебі ол қазіргі уақытта Қазақстанда судың биотасының ластауына әкелетін приориттеті дәрі-дәрмектердің бірі болып табылады. Зерттеу препараттың 5–15 мг/л концентрацияларында жүргізілді. Нәтижелері бойынша, біздің дәрі-дәрмектің жоғары концентрациясы балдырлардың өсуіне айтарлықтай әсер етті, бұл 83,93±0,13 % өсу тежеуіне әкелді. Балдырдағы телмисартанның жартылай максималды ингибиторлық концентрациясы 6,16 мг/л құрады. Сонымен қатар зерттеу кезінде *Chlorella species* өсу қарқыныны есептелді. Балдырларды бақылау нәтижесінде 15 мг/л концентрациясында өсім қарқыны бақылау сынамаларымен салыстырғанда алты есе төмендегені анықталды. Бұл нәтижелер *Chlorella specie* фармацевтикалық әсерге сезімтал екенін көрсетеді.

Кілт сөздер: фармацевтикалық ластану, балдырлар, Chlorella species, телмисартан, экотоксикологиялық зерттеу, өсімді тежеу.

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Чувствительность водорослей к воздействию телмисартана

Сегодня люди применяют различные фармацевтические препараты ежедневно. Однако после их употребления эти препараты попадают на очистные сооружения, где они не способны полностью деградироваться. В результате они попадают на поверхностные воды. Многие ученые обеспокоены влиянием медицинских препаратов на водную биоту. Проблема фармацевтического загрязнения недостаточно изучена в Казахстане по сравнению со странами ЕС. Поэтому важно проводить экотоксикологические исследования фармацевтических ингредиентов. Цель нашего исследования — оценить влияние телмисартана на рост *Chlorella species*. Мы выбрали телмисартан для исследования, поскольку в настоящее время он является одним из приоритетных лекарственных препаратов в Казахстане, которые приведут к загрязнению водной биоты. Мы изучали воздействие препарата в концентрациях 5–15 мг/л. Согласно результатам, высокая концентрация данного медицинского вещества оказала значительное влияние на рост водорослей, что привело к 83,93±0,13 %

ингибированию роста. Полумаксимальная ингибирующая концентрация телмисартана в водорослях составила 6,16 мг/л. Кроме того, мы рассчитали скорость роста *Chlorella species*. Было обнаружено, что скорость роста уменьшилась в шесть раз в водорослях в концентрации 15 мг/л по сравнению с конрольными. Данные результаты показывают, что *Chlorella species* чувствительны к воздействию фармацевтических препаратов.

Ключевые слова: фармацевтическое загрязнение, водоросли, Chlorella species, телмисартан, экотокси-кологическое исследование, ингибирование роста.

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